

Participant Guide



GO10
WALK FOR THE WORLD



www.go10walk.com



Dear Go10 Walker:

Thank you for agreeing to participate in our Go10 Walk. You have committed to walk a 10-mile segment of a 2,500-mile course. You are also encouraged to commit to a 40-day prayer and devotional journey in preparation for the walk.

This event commemorates the 75th anniversary of our Free Will Baptist modern missions program, begun when Laura Belle Barnard was sent to India in 1935. The stated purpose of the walk is **to challenge young people to consider their role in reaching the nations with the gospel in their generation.** I hope your participation in the Go10 Walk will encourage you to think and pray for missions efforts throughout God's world. I hope you will be excited to know that by working with hundreds of teens you may never meet, you are making an impact for the Kingdom. I hope you will consider how you can continue to make an impact long after the Go10 Walk is completed.

When you registered you were asked to give a username and password. You can use that username and password to access your page on the site, post your photo and a short biography, view your goal, track donations, and view your balance. Please note that your information will not post until the content is approved.

Your coordinator will contact you within a few weeks. Meanwhile, I encourage you to invite others to participate. Again, thanks for participating in this challenge for our Lord.

Until All Have Heard,

Joe Wilson

Go10 Walk Project Walk Manager





Walker's Tips for Go10



Suggestions for Preparation:

- Anticipate and plan for just how far a 10-mile walk will be, i.e., this will require walking 2-3 hours
- Train for the walk; make sure you start at a lower level, then build up to the 10-mile goal
- Don't wait until the week before to start your training.
- Take it easy the day before. Do a light workout. Stretch to prevent sluggishness.
- Proper diet and rest is important.

Suggestions for Sponsorships:

- Start early, and don't wait.
- Share with everyone the fact that you're walking, when, where, and why.
- Don't be "bashful" about asking. If you don't ask, the answer will be no.
- Don't be afraid to ask everyone with whom you have contact—teachers, friends, relatives, parents, co-workers, doctor, etc.
- Share your testimony with others as you ask for donations.
- A list of overview topics will be included in your handbook to help you request people sponsorships
- A simple thank you goes a long way! Always remember to thank each contributor for their support. A sample "thank you" note is included in your participant's handbook.

Suggestions for Walkers:

- It's important to consider the weather when dressing for the walk. Since the walk begins in spring-type weather and ends in midsummer, it will be impossible to describe a single, appropriate style of garment.
- For cold weather wear warm socks, gloves, hat that covers the ears, and layers of clothing.
- Well-worn and comfortable shoes are important. The walk IS NOT the time to try out those new shoes.

Day of the Walk:

- Pace yourself. Find a pace and stick with it. This is NOT a race. It is important to FINISH, even if you have to slow down.
- Watch the weather! In case of rain, an umbrella and/or windbreaker will be helpful.
- Keep hydrated BEFORE and DURING the walk. Make sure you have access to water or some type of energy drink like Gatorade, Powerade, etc. throughout the walk.

Odds and Ends:

- The website at www.go10walk.com will be a good source of information and will be updated as more information becomes available.
- Your main contact will be the day coordinator in your area. Names and assignments will be made later ___ this year.



www.go10walk.com

Go10 Walk Walker Registration

First Name _____ Last Name: _____

Mailing address _____
[street address]

_____ [city] _____ [state] _____ [zip]
Home phone [] _____ Cell Phone [] _____

E-Mail _____

Repeat E-Mail (for verification) _____

Your age **as of 4-5-2010** _____ If less than 13, name of parent or legal guardian who will walk with you _____

Church name _____

Church address _____
[street address] [city] [state] [zip]

Pastor's name _____

Create Username and Password. This will give you the capability to collect donations from your friends and family online and review your donation status. NOTE: This will not be used for paper registration.

Username _____

Password _____

Re-enter password _____

Security question _____

Security answer _____

The walking route can be viewed on the GO10 website at www.GO10walk.com. Every effort will be made to honor your preference of a specific day, state, or region for your walk. Please note that you may be asked to consider alternatives if we are short of walkers on certain days.

My walk preference is **(choose only one)**:

Day number _____ and Date _____ (from map)

State _____

Region _____

No Preference - check _____





Talking Points to Consider When Asking About Contributions



- The Go10 Walk is to commemorate 75 years of world impact through Free Will Baptist _____ International Missions.
- The goal is for me to focus on the needs of the world and what I need to do to help meet those with my life.
- I hope to raise \$_____. Every dollar you contribute will be matched by a generous _____ donor, up to \$500,000. Please help us reach our financial goal of \$1,000,000.
- I plan to participate in the walk on _____
- I will experience a guided 40-Day Spiritual Journey designed especially for the Walk.
- Please support me in this endeavor by making a contribution at www.go10walk.com and select my name. Or, donations can be made by sending me a check that I will forward to International Missions.





Dear _____,

On behalf of Go10 Walk for the World and International Missions, I want to thank you for your donation and let you know how much I appreciate your support of my involvement in the walk.

The Go10 Walk is in recognition of the 75th year since Laura Belle Barnard was commissioned and embarked to sail to India in 1935. Your support will aid International Missions to plant churches overseas. The overall goal is to raise over \$1 million dollars for our missionaries.

If you desire additional information, the Walk has established a website at www.go10walk.com and I encourage you to stay in touch throughout the entire walk.

Thank you once again for your donation and your support.

Sincerely,

